Brainstorm Productions presents ‘Being Brave’ …..

a welfare performance that uses educational theatre to provide simple strategies to build resilience and emotional wellbeing.

Dear Parents and Caregivers,

Lynwood Park PS has booked a live educational performance called ‘Being Brave’. The cost is $5 per student and can be paid in cash to the class teacher or online. If paying online go to the ‘$Make A Payment’ link on our school website home page. Enter ‘Being Brave’ in the payment description under Excursions.

Here is a bit of information about the performance.

Being Brave gives children strategies to deal with their emotions through good communication, persistence and positive self-talk - making them more resilient. This inspiring show uses song, dance and drama to give children strategies to bounce back after dealing with bullying, loss and change.

Researched and developed in consultation with teachers and school counsellors and carefully crafted to ensure children can relate to the following scenarios.

Fly is a young boy whose parents have separated. He misses his dad desperately and tries to be brave by keeping his emotions ‘bottled up’. Isha has been forced to come to a new country and Tim has to stand up and seek help when he is being bullied. Mikalia has to give up the rigors of ballet dancing and find a new dream and Celia comes to terms with loss in her family.

The Being Brave performance covers: emotional wellbeing, bullying, resilience, positive relationships, empathy, respect, positive self-talk, communication, persistence, showing feelings, accepting change, sharing stories, loss and healthy relationships.

The performance will be held in the school hall on Thursday, 31st March, at 2pm.

Permission slip and payments must be completed and returned to class teachers by Thursday 24th March 2016.

Rita Porteous
Principal

LPPS Being Brave - An anti-bullying performance - Thursday 31st March 2016

I give permission for ........................................................................................................ of class ..................... to attend the educational anti-bullying performance of Being Brave in the school hall on Thursday 31st March at 2pm.

If paying online go to the ‘$Make a Payment’ link on our school webpage. Please enter ‘Being Brave’ in the payment description under Excursions.

□ I have enclosed $....... for the Being Brave incursion.

□ I have made an online payment for Being Brave.

My receipt number is ........................................ Date of payment ....../....../......

Name of Parent / Caregiver ................................................ Signed ........................................

Date ....../....../......